



Youth Women's Nordic Weightlifting Records as per							31.03.2018
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
44	Snatch	52	Kirsi-Marja Mukkala	1999	FIN	10.04.2015	Rovaniemi (FIN)
	Clean & Jerk	62	Kirsi-Marja Mukkala	1999	FIN	10.04.2015	Rovaniemi (FIN)
	Total	114	Kirsi-Marja Mukkala	1999	FIN	10.04.2015	Rovaniemi (FIN)
48	Snatch	65	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
	Clean & Jerk	80	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
	Total	145	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
53	Snatch	69	Siri Sytelä	2000	FIN	20.05.2017	Rovaniemi (FIN)
	Clean & Jerk	85	Sini Kukkonen	1986	FIN	06.07.2003	Eräjärvi (FIN)
	Total	152	Sini Kukkonen	1986	FIN	13.12.2003	Rovaniemi (FIN)
58	Snatch	75	Katla Björk Ketilsdóttir	2000	ISL	16.12.2017	Reykjavik (ISL)
	Clean & Jerk	88	Filippa Ferm	2000	SWE	16.12.2017	Uppsala (SWE)
	Total	162	Filippa Ferm	2000	SWE	16.12.2017	Uppsala (SWE)
63	Snatch	77	Katla Björk Ketilsdóttir	2000	ISL	28.09.2017	Prishtina (KOS)
	Clean & Jerk	95	Katariina Vestman	1988	FIN	04.10.2005	Trencin (SVK)
	Total	169	Katariina Vestman	1988	FIN	04.10.2005	Trencin (SVK)
69	Snatch	79	Katariina Vestman	1988	FIN	22.08.2005	Sofia (BUL)
	Clean & Jerk	101	Katariina Vestman	1988	FIN	22.08.2005	Sofia (BUL)
	Total	180	Katariina Vestman	1988	FIN	22.08.2005	Sofia (BUL)
75	Snatch	71	Nordic Standard				
	Clean & Jerk	85	Nordic Standard				
	Total	156	Nordic Standard				
+75	Snatch	75	Nordic Standard				
	Clean & Jerk	93	Nordic Standard				
	Total	166	Nordic Standard				

Note: RESULT IN *ITALICS* = Nordic Record Standard made from an originally 0.5 kg higher result.



Junior Women's Nordic Weightlifting Records as per							31.03.2018
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
48	Snatch	65	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
	Clean & Jerk	80	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
	Total	145	Sini Kukkonen	1986	FIN	19.08.2003	Dortmund (GER)
53	Snatch	72	Rebekka Tao Jacobsen	1996	NOR	04.12.2016	Eliat (ISR)
	Clean & Jerk	94	Rebekka Tao Jacobsen	1996	NOR	04.12.2016	Eliat (ISR)
	Total	166	Rebekka Tao Jacobsen	1996	NOR	04.12.2016	Eliat (ISR)
58	Snatch	78	Heidi Kanervisto	1981	FIN	15.12.2001	Lempäälä (FIN)
	Clean & Jerk	97	Rebekka Tao Jacobsen	1996	NOR	18.11.2016	Vigrestad (NOR)
	Total	172	Emma Enberg	1996	SWE	30.12.2016	Mariestad (SWE)
63	Snatch	81	Carita Hansson	1991	SWE	29.10.2011	Stavanger (NOR)
	Clean & Jerk	101	Carita Hansson	1991	SWE	29.10.2011	Stavanger (NOR)
	Total	182	Carita Hansson	1991	SWE	29.10.2011	Stavanger (NOR)
69	Snatch	85	Heidi Kanervisto	1981	FIN	26.12.2000	Helsinki (FIN)
	Clean & Jerk	106	Anja Evelin Jordalen	1987	NOR	07.07.2007	Gdynia (POL)
	Total	189	Anja Evelin Jordalen	1987	NOR	07.07.2007	Gdynia (POL)
75	Snatch	84	Anna Fomina	1998	SWE	13.01.2018	Skara (SWE)
	Clean & Jerk	102	Anna Fomina	1998	SWE	13.01.2018	Skara (SWE)
	Total	186	Anna Fomina	1998	SWE	13.01.2018	Skara (SWE)
90	Snatch	89	Nordic Standard				
	Clean & Jerk	106	Nordic Standard				
	Total	194	Nordic Standard				
+90	Snatch	81	Nordic Standard				
	Clean & Jerk	100	Nordic Standard				
	Total	181	Nordic Standard				

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Senior Women's Nordic Weightlifting Records as per							31.03.2018
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
48	Snatch	71	Surya Sundqvist	1994	SWE	26.03.2018	Bucharest (ROU)
	Clean & Jerk	83	Sini Kukkonen	1986	FIN	10.04.2016	Førde (NOR)
	Total	152	Surya Sundqvist	1994	SWE	26.03.2018	Bucharest (ROU)
53	Snatch	82	Heidi Kanervisto	1981	FIN	20.03.2004	Oulu (FIN)
	Clean & Jerk	100	Sarah Hovden Øvsthus	1994	NOR	21.01.2018	Tysvær (NOR)
	Total	180	Sarah Hovden Øvsthus	1994	NOR	21.01.2018	Tysvær (NOR)
58	Snatch	94	Ruth Kasirye	1982	NOR	22.09.2007	Chiang Mai (THA)
	Clean & Jerk	117	Ruth Kasirye	1982	NOR	18.04.2007	Strasbourg (FRA)
	Total	210	Ruth Kasirye	1982	NOR	18.04.2007	Strasbourg (FRA)
63	Snatch	107	Ruth Kasirye	1982	NOR	08.04.2009	Bucharest (ROU)
	Clean & Jerk	130	Ruth Kasirye	1982	NOR	07.03.2009	Spydeberg (NOR)
	Total	236	Ruth Kasirye	1982	NOR	07.03.2009	Spydeberg (NOR)
69	Snatch	106	Ruth Kasirye	1982	NOR	27.06.2009	Pori (FIN)
	Clean & Jerk	131	Patricia Strenius	1989	SWE	30.03.2018	Bucharest (ROU)
	Total	236	Ruth Kasirye	1982	NOR	27.06.2009	Pori (FIN)
75	Snatch	105	Karoliina Lundahl	1968	FIN	13.11.1998	Lahti (FIN)
	Clean & Jerk	129	Ruth Kasirye	1982	NOR	04.10.2014	Aalborg (DEN)
	Total	232	Patricia Strenius	1989	SWE	10.02.2018	Stockholm (SWE)
90	Snatch	107	Nordic Standard				
	Clean & Jerk	125	Nordic Standard				
	Total	232	Nordic Standard				
+90	Snatch	105	Nordic Standard				
	Clean & Jerk	127	Nordic Standard				
	Total	232	Nordic Standard				

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Youth Men's Nordic Weightlifting Records as per							31.03.2018
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
50	Snatch	71	Omed Alam	1999	DEN	15.09.2012	Hillerød (DEN)
	Clean & Jerk	90	Toni Lintula	1989	FIN	30.10.2004	Pori (FIN)
	Total	160	Toni Lintula	1989	FIN	30.10.2004	Pori (FIN)
56	Snatch	95	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
	Clean & Jerk	120	Mikko Kuusisto	1982	FIN	22.11.1999	Athens (GRE)
	Total	212	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
62	Snatch	104	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)
	Clean & Jerk	123	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)
	Total	227	Milko Tokola	1992	FIN	26.01.2008	Rovaniemi (FIN)
69	Snatch	119	Milko Tokola	1992	FIN	05.07.2009	Orivesi (FIN)
	Clean & Jerk	145	Milko Tokola	1992	FIN	28.07.2009	Landskrona (SWE)
	Total	260	Milko Tokola	1992	FIN	05.07.2009	Orivesi (FIN)
77	Snatch	127	Omed Alam	1999	DEN	15.09.2016	Nowy Tomysl (POL)
	Clean & Jerk	153	Eskil Andersen	1999	NOR	05.12.2016	Eliat (ISR)
	Total	278	Omed Alam	1999	DEN	15.09.2016	Nowy Tomysl (POL)
85	Snatch	126	Eskil Andersen	1999	NOR	18.11.2016	Vigrestad (NOR)
	Clean & Jerk	155	Jarleif Amdal	1988	NOR	10.12.2005	Frankfurt Oder (GER)
	Total	280	Jarleif Amdal	1988	NOR	10.12.2005	Frankfurt Oder (GER)
94	Snatch	126	Øystein Robberstad	1990	NOR	29.12.2007	Gjøvik (NOR)
	Clean & Jerk	156	Sindre Rørstadbotnen	1992	NOR	04.12.2009	Naustdal (NOR)
	Total	281	Øystein Robberstad	1990	NOR	29.12.2007	Gjøvik (NOR)
+94	Snatch	145	Vebjørn Varlid	1990	NOR	08.12.2007	Vigrestad (NOR)
	Clean & Jerk	176	Roni Peltonen	1998	FIN	31.10.2015	Tysvær (NOR)
	Total	316	Roni Peltonen	1998	FIN	31.10.2015	Tysvær (NOR)

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Junior Men's Nordic Weightlifting Records as per							31.03.2018
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
56	Snatch	95	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
	Clean & Jerk	120	Mikko Kuusisto	1982	FIN	22.11.1999	Athens (GRE)
	Total	212	Mikko Kuusisto	1982	FIN	22.09.1999	Spala (POL)
62	Snatch	113	Toni Lintula	1989	FIN	17.03.2009	Rovaniemi (FIN)
	Clean & Jerk	136	Toni Lintula	1989	FIN	14.03.2009	Tampere (FIN)
	Total	248	Toni Lintula	1989	FIN	14.03.2009	Tampere (FIN)
69	Snatch	120	Milko Tokola	1992	FIN	16.01.2010	Turku (FIN)
	Clean & Jerk	145	Milko Tokola	1992	FIN	28.07.2009	Landskrona (SWE)
	Total	261	Milko Tokola	1992	FIN	16.01.2010	Turku (FIN)
77	Snatch	150	Ali Oksala	1980	FIN	29.10.2000	Tampere (FIN)
	Clean & Jerk	185	Ali Oksala	1980	FIN	12.10.2000	Rijeka (CRO)
	Total	332	Ali Oksala	1980	FIN	29.10.2000	Tampere (FIN)
85	Snatch	147	Ali Oksala	1980	FIN	26.11.1999	Athens (GRE)
	Clean & Jerk	185	Ali Oksala	1980	FIN	10.10.1999	Rovaniemi (FIN)
	Total	330	Ali Oksala	1980	FIN	26.11.1999	Athens (GRE)
94	Snatch	162	Benjamin Pirkkiö	1979	FIN	22.05.1998	Sofia (BUL)
	Clean & Jerk	200	Benjamin Pirkkiö	1979	FIN	07.07.1999	Savannah (USA)
	Total	360	Benjamin Pirkkiö	1979	FIN	07.07.1999	Savannah (USA)
105	Snatch	152	Benjamin Pirkkiö	1979	FIN	10.10.1999	Rovaniemi (FIN)
	Clean & Jerk	192	Mika Kuoksa	1979	FIN	28.11.1999	Athens (GRE)
	Total	342	Benjamin Pirkkiö	1979	FIN	10.10.1999	Rovaniemi (FIN)
+105	Snatch	163	Vebjørn Varlid	1990	NOR	27.11.2010	Limassol (CYP)
	Clean & Jerk	191	Vebjørn Varlid	1990	NOR	05.12.2009	Naustdal (NOR)
	Total	345	Vebjørn Varlid	1990	NOR	20.06.2010	Sofia (BUL)

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Senior Men's Nordic Weightlifting Records as per							31.03.2018
Cat.	Lift	Kg	Name	YoB	Nation	Date	Place
56	Snatch	97	Per Söderlind	1965	SWE	20.05.2000	Sacramento (USA)
	Clean & Jerk	123	Jarkko Welling	1971	FIN	03.03.2001	Pori (FIN)
	Total	220	Per Söderlind	1965	SWE	20.05.2000	Sacramento (USA)
62	Snatch	120	Jyrki Welling	1974	FIN	14.03.1998	Parkano (FIN)
	Clean & Jerk	147	Jyrki Welling	1974	FIN	29.04.1998	Riesa (GER)
	Total	265	Jyrki Welling	1974	FIN	14.03.1998	Parkano (FIN)
69	Snatch	145	Armenak Takhmazian	1972	DEN	26.04.2000	Sofia (BUL)
	Clean & Jerk	170	Armenak Takhmazian	1972	DEN	24.11.1999	Athens (GRE)
	Total	315	Armenak Takhmazian	1972	DEN	26.04.2000	Sofia (BUL)
77	Snatch	150	Ali Oksala	1980	FIN	29.10.2000	Tampere (FIN)
	Clean & Jerk	185	Ali Oksala	1980	FIN	12.10.2000	Rijeka (CRO)
	Total	332	Ali Oksala	1980	FIN	29.10.2000	Tampere (FIN)
85	Snatch	152	Milko Tokola	1992	FIN	13.04.2016	Førde (NOR)
	Clean & Jerk	186	Miika Antti-Roiko	1988	FIN	23.05.2009	Kalajoki (FIN)
	Total	335	Milko Tokola	1992	FIN	13.04.2016	Førde (NOR)
94	Snatch	162	Benjamin Pirkkiö	1979	FIN	22.05.1998	Sofia (BUL)
	Clean & Jerk	201	Miika Antti-Roiko	1988	FIN	11.04.2014	Tel Aviv (ISR)
	Total	360	Benjamin Pirkkiö	1979	FIN	07.07.1999	Savannah (USA)
105	Snatch	175	Miika Huthala	1979	FIN	09.10.2004	Lempälää (FIN)
	Clean & Jerk	212	Janne Kanerva	1970	FIN	14.11.1998	Lahti (FIN)
	Total	380	Janne Kanerva	1970	FIN	14.11.1998	Lahti (FIN)
+105	Snatch	195	Stian Grimseth	1972	NOR	28.11.1999	Athens (GRE)
	Clean & Jerk	235	Stian Grimseth	1972	NOR	24.05.1999	Moscow (RUS)
	Total	430	Stian Grimseth	1972	NOR	28.11.1999	Athens (GRE)

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